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Title: ACVA Protocol for Bridging Therapy

Effective Date:      Revised Date:

**PURPOSE:** To provide guidelines for anticoagulation bridging therapy and identify patients to be bridged.

**PROCEDURE:**

1. Recent stenting:

- Aspirin 81 mg should be continued.
- Patients anticipating “necessary elective” surgical procedures that meet the following criteria may hold their medications based on the following recommendations:
  - a. > than 2 weeks post angioplasty
  - b. > than 4 weeks post bare metal stent
  - c. > 6 months post drug eluding stent (DES)
- Clopidogrel should be stopped 5 days before procedure
- Prasugrel should be stopped 7 days before procedure
- Ticagrelor should be stopped 5 days before procedure
- Medications should be resumed 48 hours post-surgery, if there are no signs of active bleeding.

2. Mechanical Valve Bridging

- The following patients require bridging therapy
  - a. Mitral valve prosthesis
  - b. 2 or more mechanical valves
  - c. Non-bileaflet aortic valve
  - d. Bi-leaflet aortic valve with high risk features
    - Atrial Fibrillation
    - Heart Failure
    - TIA/CVA
    - Prior embolic event or intra-cardiac thrombus
- Lovenox 1 mg/kg is recommended for both aortic and mitral mechanical valves per the 2014 Valve guidelines
- Warfarin should be discontinued 5 days prior to the procedure.
- Warfarin can be started 24 hours after the procedure with heparin drip overlap for 5 days or when INR becomes therapeutic. Lovenox may be used to bridge back to therapeutic INR levels also.
- Bileaflet aortic valves at **low risk** do not require bridging. This is a new class 1 recommendation

3. Atrial fibrillation

- Use the CHADSVASC risk calculator
- Use the online creatinine clearance calculator

- Briding therapy is recommended for patient with the following:
  - a. CHADS 2  $\geq$  4 or CHADSVASC of 6
  - b. Prior CVA or TIA
  - c. Mitral valve stenosis
  - d. Prior embolic event
  - e. Intra-cardiac thrombus
- Pradaxa (dabigatran), Eliquis (abixabab) or Xarelto (rivoraxaban) discontinuation is based on the patient's creatinine clearance.
- Lovenox bridging therapy should be started the day after the oral anticoagulant is stopped.  
Dosing is based on 1 mg/kg SC every 12 hours.
- Lovenox should be discontinued 24 hours prior surgery.
- Pradaxa (dabigatran), Eliquis (abixabab) or Xarelto (rivoraxaban) discontinuation criteria:

Pradaxa

CrCl  $\geq$  50ml/min Discontinue 1-2 days prior surgery

CrCl < 50ml/min Discontinue 3-5 days prior surgery

Eliquis

Low risk surgery discontinue 24 hours prior surgery

Moderate to high risk surgery discontinue 24-48 hours prior surgery

Xarelto

Stop 24 hours prior to surgery

- Restart the original oral anticoagulation agent 48 hours after the procedure if there has been no bleeding.
- No heparin drip or Lovenox is necessary with the new agents described above after the procedure.

Approved: \_\_\_\_\_  
Department Manager

Date: \_\_\_\_\_

Approved: \_\_\_\_\_  
Administrator/Physician

Date: \_\_\_\_\_